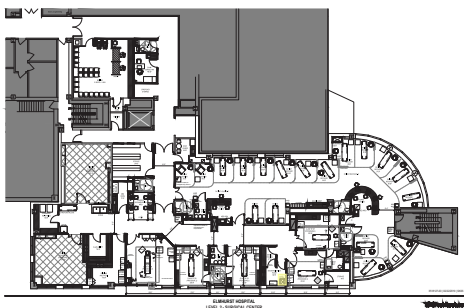


NYC HEALTH + HOSPITALS/ELMHURST HOSPITAL RECEIVES \$5.5 MILLION FOR SURGICAL AMBULATORY CENTER FROM NEW YORK CITY COUNCIL



The New York City Council recently announced some exciting news for NYC Health + Hospitals/Elmhurst. In its recent budget the Council allocated 5.5 Million in capital spending for the building of a brand new Ambulatory Surgery Center at the hospital. This funding will allow NYC Health + Hospitals/Elmhurst to expand its services and improve patient access for common ambulatory surgery procedures. The center will consist of a new operating room and four procedures rooms in the hospital's Women's Options Center and will help Elmhurst Hospital treat complex cases related to urological, gynecological and gastrointestinal disorders and conditions such as prostate cancer, colon cancer, pelvic floor disorders and kidney disease – conditions that disproportionately affect our community.

The funding was sponsored by Council Member Moya, who represents the hospital, Speaker Corey Johnson, Council Member Daniel Dromm and the Queens Delegation.

"We are extremely grateful to the City Council for this funding, which will allow us to greatly expand our capacity to perform critical surgical procedures for a wide variety of conditions impacting people in this community, many of whom are immigrants with limited incomes," said Vice President of NYC Health + Hospitals and Elmhurst CEO Israel Rocha. "We plan to break ground for the project this summer and look forward to having a world-class medical facility that will increase patient satisfaction and dramatically reduce healthcare disparities in Queens."

For more information on Ambulatory Surgery at Elmhurst, please call 718-334-4000.

HOUSE SPEAKER NANCY PELOSI AND CONGRESSWOMAN GRACE MENG VISIT ELMHURST FOR IMMIGRATION FORUM

On June 24th, House Speaker Nancy Pelosi visited Elmhurst for a forum hosted by Rep. Grace Meng, our local congressional representative. The event featured a panel discussion with immigration rights activists regarding the impact of the Trump Administration's policies on immigrant communities throughout the nation. Speaker Pelosi discussed legislation pending (including the American Dream and Promise Act, which aims to protect millions of Dreamers from deportation and provide them with an opportunity to obtain permanent legal status) in Washington to address the immigration crisis as well as facts undocumented immigrants should know regarding their rights. Participants included Steven Choi, executive director of the New York Immigration Coalition, and Pabitra Khatri Benjamin, the executive director of Woodside-based Nepali organization Adhikaar. The Speaker and Congresswoman Meng also met with Elmhurst CEO Israel Rocha and Regional Medical Director for NYC Health + Hospitals/Elmhurst and Queens Programs Dr. Jasmin Moshirpur during a brief reception prior to the panel discussion.



NYC HEALTH + HOSPITALS/ ELMHURST OPENS MEDICAL PRIMARY CARE CENTER

NYC Health + Hospitals/Elmhurst recently opened a new Medical Primary Care Center designed to support the health system's focus on expanding primary and preventive care to keep communities healthy and out of the hospital. The new 6,500 square feet outpatient center will bring together a diverse team of clinical experts to offer a wide range of internal medicine, women's health, mental health and adolescent health services together in one space. The new space features 10 additional exam rooms for a total of 30, new, modern furniture in waiting areas, and updated clinical equipment. Last year, the hospital's primary care practices handled approximately 30,000 patients. The renovated primary care center will reduce waiting times, increase patient satisfaction and allow clinicians to see an additional 10,000 patients a year or 50 more patients per day.

With funding from the state, NYC Health + Hospitals invested approximately \$1 million to cover the cost of the renovations and new equipment. The new space supports the public health system's broader multi-year redesign to build a competitive, sustainable organization that will continue to offer high-quality and accessible health care to the people of New York City. The Medical Primary Care Center is located inside the hospital campus at 80th Street and 41st Avenue in Elmhurst, Queens.

"Enhancing and building our primary care capacity is key to NYC Health + Hospitals' effort to reducing emergency room utilization and building long lasting, healthy relationships with our patients," said Mitchell Katz, MD, President and CEO of NYC Health + Hospitals. "This new Medical Primary Care Center will make our patients feel welcome and at home with their physicians. The clinic represents the future of primary care at NYC Health + Hospitals."

"Our community will benefit greatly from the merging of various primary care clinics into a single space, allowing for more convenient access to comprehensive medical services in an environment that is both inviting and patient-friendly," said Vice President of NYC Health + Hospitals and Elmhurst CEO Israel Rocha. "Additionally, the new clinic space will allow our primary care team to make more efficient use of exam rooms, offices, and support areas."

"This redesign will allow our clinical staff to work efficiently to provide coordinated care in a team-based model, putting the patient at the center of the visit and coordinating all services around them," said Dr. Rand David, NYC Health + Hospitals/Elmhurst's Chief Medical Officer for Ambulatory Care. "The new space allows our high-demand, adult primary care site to move into a more modernized facility so as to streamline the clinic experience and reduce wait times."

"Good health requires access to primary care," said

Assembly Health Committee Chair Richard N. Gottfried. "H+H is a leader in providing affordable, accessible, culturally competent care and with this new clinic, will increase patient access, expand the range of services, and serve the community well."

"This new Medical Primary Center is welcome news for the communities of Elmhurst and Jackson Heights," said NYC Council Finance Chair Daniel Dromm (D-Jackson Heights,

Elmhurst). "I am pleased by the Hospital's emphasis on preventative care that addresses health issues before they become severe enough to warrant hospitalization of a patient. This reduces emergency room waiting times and helps ensure more efficient care for all. NYC Health + Hospitals/Elmhurst stands out as a leader in our borough's medical community, and I will continue to support it in every way possible."

"With the opening of its new outpatient center for adults and adolescents, it's obvious that Elmhurst Hospital continues to raise the bar for patient care. The hospital's continuous effort to modernize its facilities and increase its capabilities to better serve our community makes me proud to have been born there, proud to have worked there and proud to now represent it in the City Council," said Council Member Francisco Moya.

In addition to physician services, patients will receive care from a multi-interdisciplinary team of providers that includes registered nurses, nurse practitioners, social workers, and nutritionists. Clinic meeting rooms have also been expanded for collaborative group teaching and patient education for topics such as mental health, diabetes, and hypertension. Patients will also be able to receive pap smears and other routine exams at the facility.



L to R, Health + Hospitals President Dr. Mitchell Katz, Senior Executive Director for Ambulatory Care Dr. Rand David, Vice President, NYC Health + Hospitals and Elmhurst CEO Israel Rocha, patient Kathleen Somogyi, and Pediatrics Director Dr. Randi Wasserman (far right) at Clinic opening



Elmhurst CAB/Auxiliary Member Vivian Dock, and Elmhurst Auxiliary Members Gail DiPasquale, Vivian Cebollero, and Regina Avner

NYC Health + Hospitals/Elmhurst Primary care services offered:

- Internal medicine
- Women's health
- Depression screening and other mental health services
- Substance use disorder support
- Adolescent Health
- Pediatrics
- Optometry
- Radiology
- Confidential GYN and Family Planning
- Vaccinations and Infection Control
- Nutrition counseling

For more information on NYC Health + Hospitals/Elmhurst's primary care services or to schedule an appointment, please call 718-334-4000.

NYC HEALTH + HOSPITALS/ELMHURST AND CENTERING HEALTHCARE INSTITUTE LAUNCH GROUP PRENATAL CARE PROGRAM FOR PREGNANT WOMEN

NYC Health + Hospitals/Elmhurst, in partnership with Centering Healthcare Institute, launched a new program for pregnant women aimed at reducing preterm births and encouraging greater patient engagement during the prenatal experience. The program will feature group pregnancy visits with obstetricians, networking with other pregnant women, group discussions, and prenatal wellness and education classes on nutrition, stress management, and breastfeeding. Improving maternal health has been a central focus of the de Blasio administration, and this effort builds on the efforts undertaken by NYC Health + Hospitals to ensure safe maternity care at all its hospitals.

"We are excited to offer expectant mothers an opportunity to share their experience with other new mothers and learn together about many topics they often have to navigate alone," said Israel Rocha, NYC Health + Hospitals/Elmhurst CEO. "These prenatal group care sessions have been proven to help patients improve their self-confidence, decrease rates of preterm and low-weight babies, and contributes to the reduction of racial disparities in preterm birth."

"We believe that these group care sessions will have a positive impact on the health of our patients and their families by empowering them with knowledge and supporting them in their pregnancies," said Dr. Brenda Beloosesky, Chief of Ambulatory Women's Health Services (OB/GYN) at NYC Health + Hospitals/Elmhurst. "This initiative provides expectant mothers not only with the health care needed to ensure a healthy and safe delivery, but also allows them to grow a network of support that can go beyond the initial stages of motherhood."

All pregnant women are eligible to participate in the group care sessions and will be asked to join during their initial prenatal visit unless their pregnancy shows signs of being or becoming very high-risk. The sessions, which will begin at about 16-20 weeks gestation, will occur every four weeks until 28 weeks and then increase to every two weeks until delivery. Each session will include eight to 12 patients and run between 90-minutes to two-hours, including the visit with their OB/GYN, eliminating any wait time. All expectant mothers in one care group will be seen by the same OB/GYN, which will enhance the discussion portion of the group as well as the relationships made. The Centering Healthcare Institute provides curriculums that physicians will follow to ensure they are covering all topics ranging from nutrition to common discomforts, stress management, labor and delivery, breastfeeding, infant care, and more.

"Studies show that prenatal care benefits both the mother and the child," said State Senator Toby Ann Stavisky. "By enabling women to receive covered comprehensive prenatal care, we are showing our commitment to improving maternal health. I want to thank NYC Health + Hospitals and the staff at Centering Healthcare Institute for their dedication and hard work. I represent many immigrants who rely on Elmhurst Hospital for their healthcare."



NYC Health + Hospitals/Elmhurst's Women's Health team models the Centering program's group care session

"I welcome this new prenatal care program to my district," said NYC Council Finance Chair Daniel Dromm. "Now women throughout Queens will have access to the quality prenatal care they need and deserve. NYC Health + Hospitals/Elmhurst leads the way in improving maternal health in our borough. I will continue to support the hospital's transformative work in every way possible."

The Centering Healthcare Institute's "Centering Pregnancy" initiative complements existing NYC Health + Hospitals maternal and infant health programs, which includes home visits provide assistance with breastfeeding techniques, parenting and child-care skills for the growing family, postnatal care for mom and infant, specialized services for babies born with abnormalities who require additional care, and specialized care for moms who continue to experience post-partum complications.

The new group care "Centering Pregnancy" initiative also builds on the City's significant commitment to improve maternal health with increased screening for maternal depression through the ThriveNYC Maternal Depression Learning Collaborative, and the creation of the Maternal Mortality and Morbidity Review Committee, which reviews deaths and severe complications related to pregnancy and childbirth. In 2016, New York City became the first municipality in the nation to establish a severe maternal mortality surveillance program.

Funding for implementation of the NYC Health + Hospitals/Elmhurst's Centering program came from a grant from the NYC Department of Health and Mental Hygiene, as part of the agency's NYC Birth Equity initiative.

NYC Health + Hospitals/Elmhurst treats about 3,900 pregnancy patients annually.

For more information, please call NYC Health + Hospitals/Elmhurst's Department of Obstetrics and Gynecology at 718-334-5410.

UPCOMING EVENTS

QUEENS LIBRARY SERIES

Monday, September 23: Disaster and Emergency Prep, Jackson Heights Library, 6 PM. Everyone wants to keep themselves and their loved ones safe, especially during emergency situations. Come learn about strategies every household should be aware of. There will also be a discussion of common household accidents and injuries led by experts from H+H/Elmhurst (35-51 81 Street, Jackson Heights)

Wednesday, October 16: Breast Cancer Awareness, 3 PM, Forest Hills Library. Join the experts from H+H/Elmhurst for an informative workshop on breast health. During this session, we will discuss basic facts about prevention, early detection, and review facts and myths about general breast health. All are welcome. (108-19 71 Ave., Forest Hills)

WOMEN'S PAVILION SERIES

NYC Health + Hospitals/Elmhurst's Women's Pavilion (78-20 41st Avenue) for Obstetrics patients offers an ongoing series of health workshops and other activities for children and adults. Upcoming events include:

August 2, 9, 16, 23: Dance fitness class, 9-10 am

August 7: Mental and Behavioral Well-being, 2-2:30pm

August 19: Voces Latinas Presentation on Healthy Living, 12-1pm

August 20: Nutrition and Food Demo, 2-2:30pm

August 27: Breastfeeding, 2-2:30pm, Presented by OB nurses

• • •

For more information on these and other programs at the Women's Pavilion, or to schedule an appointment, please call 718 334-3150.

ELMHURST'S CHEW (COOKING HEALTHY, EATING WELL) PROGRAM HOSTS TASTY DEMO AT DUNNINGHAM TRIANGLE



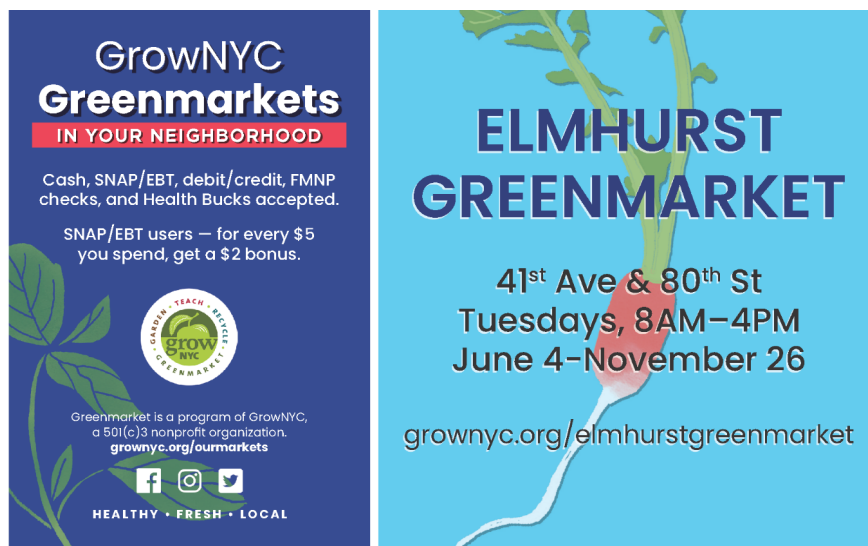
On May 29th NYC Health + Hospital's Elmhurst's Department of Food and Nutrition hosted a cooking demonstration and gave out samples of a healthy Bolognese sauce at Dunningham Triangle, a small park located around the corner from the hospital. Dietitian Morgan Lindsay showed participants how to make a traditional Italian favorite healthier by swapping out ground meat with tofu and vegetables. The event, which was organized in collaboration with the 82nd Street Partnership, is part of an ongoing series of healthy eating workshops that are part of the Department of Food and Nutrition's new CHEW (Cooking Healthy, Eating Well) initiative. Here's a version of the Bolognese recipe you can try at home (courtesy of Sunrise Soya Foods website):

Ingredients:

- 1 pkg Extra Firm Tofu crumbled
- 1 onion, roughly chopped
- 1 large carrot, roughly chopped
- 2 stalks celery, roughly chopped
- 4 cloves garlic
- (2 Tbsp) olive oil
- 1 can tomato paste
- 1 can large can tomato puree
- 2 bay leaves
- (1 Tbsp) dried basil
- (1 Tbsp) dried oregano

Directions:

1. In a food processor, puree onion, carrots, celery, and garlic into a coarse paste.
2. In a large pan over medium high heat, coat pan with oil. Add the pureed vegetables and cook until all the juices have evaporated and vegetables have softened, stirring frequently, approximately 10 to 15 minutes.
3. Add the crumbled tofu and cook for another 10 minutes. Then, add the tomato paste and cook about 2 to 3 minutes. To finish the sauce, add tomato puree and dried herbs and for 5 minutes, stir constantly.
4. Serve hot over cooked pasta.



We asked Winnifred Lee, our local Elmhurst Greenmarket Manager for summer family-friendly recipes using farm fresh ingredients. Here are a couple of her favorites:

FARMERS MARKET OMELET

Serves 1-2

Ingredients:

- 4 eggs
- Finely crushed black pepper, to taste
- ¼ cup of shredded cheese
- Sea salt, to taste
- 2 tablespoons of garlic butter
- ½ cup of mushrooms, optional
- 1 shallot, finely chopped
- 1 cipollini onion, finely chopped
- ½ cup of arugula or any braising green, washed

* Ingredients available seasonally at your neighborhood Greenmarket

Instructions:

1. Whisk eggs in a bowl with salt and pepper.
2. Melt butter in a frying pan over medium heat. Sauté onions, shallot, and mushrooms until onions are translucent and tender.
3. Add arugula and sauté until wilted.
4. Add eggs and cook slowly until the surface just begins to cook.
5. Add cheese, fold in half and cook until firm in the middle. Flip to ensure the omelet doesn't burn on one side. Serve.

GINGER-POACHED RHUBARB

Recipe from *Complete Vegetarian Kitchen* by Lorna Sass

Serves 4

Cooking Time: 15 minutes

Ingredients:

- 2 pounds rhubarb (7 large stalks)
- 1/3 cup apple cider (approximately)
- ½ cup raisins (optional)
- 2 tablespoons freshly grated ginger
- ½ teaspoon ground cinnamon
- 2 to 4 tablespoons maple syrup

* Ingredients available seasonally at your neighborhood Greenmarket

Instructions:

1. Trim rhubarb stalks, top and bottom. (Discard any leaves.) Cut the rhubarb into 1-inch slices.
2. In a saucepan, combine the rhubarb with the remaining ingredients except the maple syrup. Bring to boil, then simmer, covered, until the rhubarb is tender, about 15 minutes. If the mixture becomes dry, add a bit more apple cider.
3. When the rhubarb is tender, stir in maple syrup to taste.

Tip: Serve this with vanilla yogurt or ice cream!

GREEN GARLIC TOAST

Recipe by Melissa Clark, NY Times

Green garlic is harvested while still immature, before the bulb has a chance to fully develop the cloves we know so well. It looks a lot like a scallion, with a mild garlic flavor that's bright and fresh tasting. You can use both the white and green tender green parts of the stalk, trimming away any yellowing or woody parts near the top.

Ingredients:

- Slices of crusty bread
- ½ cup unsalted butter (1 stick), softened
- ½ cup grated Parmesan
- 2 ½ tablespoons chopped young green garlic stalks, white and green parts
- 1 tablespoon minced chives
- ¼ teaspoon black pepper
- ¼ teaspoon fine sea salt, more to taste
- Large pinch red chili flakes
- 1 regular (not green) garlic clove, halved

* Ingredients available seasonally at your neighborhood Greenmarket

Instructions:

1. Heat the broiler. Place the bread slices on a baking sheet and broil them, flipping them halfway through cooking time, until golden on both sides. Keep warm.
2. In a bowl, stir together the butter, cheese, green garlic, chives, pepper, salt and chile.
3. Rub the toast with the cut side of the regular garlic clove, then spread with the green garlic butter. Broil toast again for 30 seconds to 2 minutes, until the tops lightly brown and the butter melts. Serve hot or warm.

EMPLOYEE CULTURAL DIVERSITY CELEBRATION



In June, NYC Health + Hospitals/Elmhurst employees celebrated the facility's annual Cultural Diversity Celebration. The event was a lively gathering of employees from all areas of the hospital and explored the rich cultural heritage of many peoples through food, music, and dance.



ELMHURST CANCER PATIENT, SURVIVOR, AND PADDLE FOR THE CURE FOUNDER LEAH SALMORIN SHARES HER STORY



PFC Founder Leah Salmorin with NYC Health + Hospitals Vice President and Elmhurst CEO Israel Rocha at last year's Cancer Survivors Day celebration.



Leah Salmorin is a breast cancer survivor and a former patient at Elmhurst. She's also a dynamic personality and the founder of breast cancer support organization Paddle for the Cure, (PFC) which offers a unique survivorship program that uses recreational dragon boat paddling to manage side effects of treatment for breast cancer and promotes a positive and healthy lifestyle. Leah recently shared some of her thoughts about her recovery process:

I'm the kind of outgoing person who is full of energy and loves sports so much, especially swimming. But when I was diagnosed with breast cancer in 2004, my whole life changed. I felt I was drowning in a deep ocean and felt so alone struggling and in desperate need of help.

I had a lumpectomy, four cycles of chemotherapy, 38 days of radiation, lost my hair, and ended taking tamoxifen for five years, until October 2009. During this journey, I told myself I will not allow cancer to ruin or mess up my life. I will not allow cancer to knock me down completely. I will beat cancer because I am a winner. I will get my life back and enjoy it to the fullest. I'm in remission now but still riding a roller coaster, struggling and fighting with my diabetes and kidney problems, but I still keep moving forward.

WHAT CANCER HAS TAUGHT ME

Humility and faith in God are two lessons I learned from cancer. Through dealing with some government workers, I learned to be humble and diplomatic, forgiving of their insensitivity. I also forgave my then-landlady who practically kicked me out for fear of being responsible for me because I was without any family locally.

My faith in God comforted me; with Him beside me, nothing is impossible. I kept a positive attitude despite all adversity because God kept me close to His side. I am blessed. I am well taken care of by my medical family and hold onto the love I get from family and friends. I promised myself to give back to the hospital where I was treated and to the support groups that helped me during my journey. My passion for the water and the gift of life I have been given are the main reasons I was encouraged and motivated to form and lead our Paddle for the Cure Dragon Boat Team. In this way I can inspire other survivors to be active and join the race. We are athletes of various skill levels and get the benefits from paddling along with enjoying the sport of dragon boating. Here, we make friends with my fellow "Pink Sisters" whose stories inspired me. I learned a lot from them. When asked how I beat cancer, all I can say is God fought my battle. I believe at the end of the dark tunnel there is always light and I can get through anything. I am thankful for being transformed into a better, stronger person, helping me achieve my highest potential so that I can aid underserved women like me and help fund research to find the cures for breast cancer.

For more information about Paddle for the Cure, or to get involved in their events, please visit <https://pfcnyc.org/contact/>.



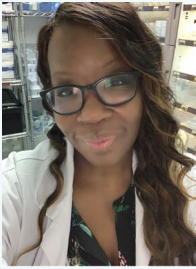
Elmhurst employees Alexander Arenas, Belinda Rosales, Maria Dulce-Galvez, and Nicole Sang at this year's Cancer Survivors Day celebration



CANCER SURVIVORS DAY 2019

On June 20, NYC Health + Hospitals/Elmhurst held its annual Cancer Survivors Day. The festive event celebrated patients who are currently in treatment, or patients who have finished treatment, all of whom are regarded as survivors. This year's participants were treated to dance instructions and a freestyle dance party, a catered lunch, arts and crafts, a performance by singer and comedian Jeannie Sol, and an awards ceremony for hospital healthcare providers. Dr. Anatoly Leytin and Dr. Natarajan of the Department of Pathology, and Dr. Shafae (Dr. of Oncology Surgery/ Cancer Conference Leader) were honored, along with Jelica Sejat, RN (Oncology Nurse) and Certified Oncology Social Worker Jodi Ziselman. Thank you to Move for Life, Lilly Oncology, Gilda's Club, MetroPlus, the American Cancer Society, Shareing and Careing, Paddle for the Cure and the Elmhurst Hospital Auxiliary for attending and supporting the event.

ELMHURST HERO SPOTLIGHT ERICA HARRIS, RN



Erica Harris, RN

Amy Harris, Associate Executive Director, Ambulatory Care Services, wrote the following:

"[A] patient wanted to recognize Erica Harris, RN, for her support as a care manager in the WTC clinic. Erica is a fabulous nursing lead for Ambulatory Care. She actually assumed this role temporarily while we recruit to fill a care management RN line. The care management aspect of WTC is brand new to us. [T]he patient writes, "...I finally got in touch with a lady by the name of Erica Harris [in] January 2019. I explained the problem that I was having in getting these authorizations. Ms. Harris was extremely patient on the phone and assured me that she would personally handle my dilemma. Well, within 25 minutes, my doctor called me and stated that he finally got the required paper work, and all should go well after this. [Erica Harris] exhibited extreme patience with me, never raised her voice, never got sarcastic and exhibited an extreme amount of professionalism and assured me that my problem was taken care of. I would appreciate it if you personally commend this young lady for her professionalism. She is definitely an asset to the WTC Health Program." Amy provides the backdrop: "[The patient] had been trying to get this authorization for some time. Other staff had attempted to get the authorizations, but it was a very complicated and tedious process. We are fortunate] that Erica is on our team and she was able to right an issue that had [frustrated] one of our WTC patients."

eWIC CARD

NYC H+H/Elmhurst's WIC program is a community based organization offering nutritious foods, education on nutrition, advice for healthy living, breastfeeding support and health care referrals to eligible families with young children and women who are pregnant and postpartum. NYC H+H/Elmhurst's WIC is made up of registered dietitians and nutritionist who serve a caseload of 8,000 WIC participants providing one on one nutrition advice and support to ensure healthy outcomes.



On April 1, 2019, Elmhurst's WIC went live with the new management information system NYWIC. NYWIC changes the way food benefits are issued to WIC participants from paper checks to an EBT

system called eWIC. The new system improves customer service providing a faster shopping experience, flexibility in purchasing quality nutritious foods when needed as needed, and opens more comprehensive time to learn and support a family's nutrition goals.

The NYSDOH also released a new mobile app, WIC2Go. The app assists WIC participants to better manage their WIC benefit purchases, view WIC appointment and requirements, and locate WIC vendors in their community.

Since April 1, 2019, NYC H+H/Elmhurst's has enrolled 7,550 WIC participants with a goal to transfer all WIC participants to the EBT system by August 1, 2019.



EXPRESSCARE

Can't stop sneezing?

Go to **ExpressCare**, a walk-in, urgent care center and a fast, convenient way to see a doctor. All seasonal allergy symptoms are manageable in ExpressCare including:

- Symptom relief inquiries
- Prescription remedies

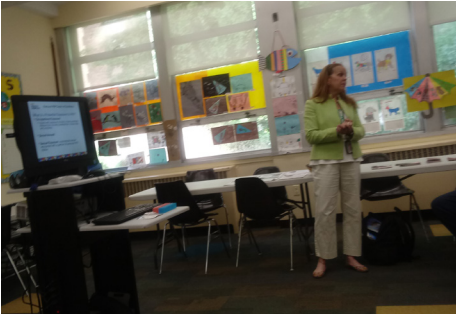
Open seven days a week
3:30 pm – 12 am

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Elmhurst

ELMHURST AND THE COMMUNITY



Maureen Jones, RN, PEP Coordinator, at Jackson Heights Library discussion on PEP and PrEP



Drs. Canto and De Pena-Nowalk (center) at Corona Library discussion on Depression in Spanish



Steven Zhou, (third from left), LCSW, of the Asian Mental Health Clinic, at Thrive NYC event



Behavioral Health Team at Russell Sage JHS event on Depression, in partnership with NYPD



Ambulatory Care Administrator Henry Grullon and Senior Executive Director for Ambulatory Care Dr. Rand David answer questions from young people on healthcare access at Center for Urban Pedagogy event



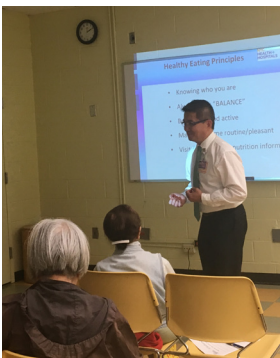
The Elmhurst team at recent health fairs: left to right, Felix Moy, Anisa Quintanilla, RN, Poonam Montouro, PCA, Erica Harris RN



Luz Rosario, PCA, Poonam Khurana, RN, Erica Harris, RN, Poonam Montouro, RN and MetroPlus representatives at Pride Month celebration



In July, NYC Health + Hospitals/Elmhurst participated in Assembly Member Catalina Cruz's block party and office opening by offering free blood pressure screenings. The Assembly Member also participated!



On July 16, Jey Hwang, MA, RD, CDN, Elmhurst's Director of Food and Nutrition, gave a healthy eating lecture at the Hillcrest Library



ELMHURST AND THE COMMUNITY



On June 6th, NYC Health + Hospitals/Elmhurst held its annual Pediatric Health and Safety Fair. The event, which was sponsored by Maspeth Federal Savings (Platinum Sponsor), MetroPlus, and Healthfirst, included a number of organizations and NYC agencies giving out important information to keep kids healthy and happy year-round!



A huge congratulations to NYC Health + Hospitals/Elmhurst 2018-2019 Simulation Fellows on their graduation June 24, 2019 at the H+H Simulation Center/IMSAL. Ms. Mamie McIndoe and Dr. Barbara Dilos both successfully completed the rigorous, year long simulation in healthcare fellowship training program. The Elmhurst Simulation Center team could not be more proud and we look forward to continuing to collaborate with these fantastic educators and advancing our mission of innovative healthcare education for excellence in patient care and safety.



Dr. Barbara Dilos of the Department of Anesthesiology and her team, along with Elmhurst COO Wayne Zimmermann and Patient Experience Officer Pierre Pham, recently recognized the Elmhurst Auxiliary for donating new equipment to her department.



Registered Nurses Roberta Tetley and Phurbu Dolker from Elmhurst's Neonatal Intensive Care Unit demonstrate safe sleep procedures for infants at the Broadway in Long Island City.



Aubrey Boko, RN and Dr. Jasmine Dave demonstrate "Stop the Bleed" techniques at the Forest Hills Library